

Key Decision Required:	No	In the Forward Plan:	No
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CABINET

9 SEPTEMBER 2016

REPORT OF LEISURE, WELLBEING AND PARTNERSHIPS PORTFOLIO HOLDER

A.5 UPDATE ON COMMUNITY PROJECTS – EDUCATION AND HEALTH

(Report prepared by Rebecca Morton, Anastasia Simpson, John Fox and Charlie Fripp)

PART 1 – KEY INFORMATION

PURPOSE OF THE REPORT

To provide an update on community projects relating to education and health and to ask Cabinet to endorse those projects.

EXECUTIVE SUMMARY

- The Council's Corporate Plan 2016-2020 puts Community Leadership at the heart of everything we do and within this context a number of projects are being undertaken to support the education and health agendas across the District.
- The Council has a track record of supporting and working with partners and has already helped to deliver improvements in these areas.
- Current specific projects in relation to education are formed around the following:-
 - Teacher recruitment
 - Emotional and Wellbeing Health School Hub
 - Post 16 provision
 - Teacher accommodation
 - Building bridges with universities
 - School places
- Current specific projects in relation to health are formed around the following:-
 - Parkrun Clacton
 - Falls prevention
 - Housing checklist
 - Breastfeeding Friendly Cafes
 - Making every contact count
 - Tending Mental Health Hub
 - Tending Health and Wellbeing Board
- It is proposed that the health projects identified above are those that will be monitored through the Performance Plan in relation to the target around Health and Wellbeing with further projects being added as they are developed.
- The projects identified above will continue to form the subject of regular updates to the Portfolio Holder.
- Engagement in these areas is supplemented by the work of the Community Leadership and Partnerships Committee which provides overview and scrutiny of these sectors as part of its work programme.

RECOMMENDATION(S)

It is recommended that:-

- a) Cabinet endorses the listed projects as those which will continue to be delivered in 2016/17 in support of the Corporate Plan priorities; and
- b) the currently identified health related projects be monitored through the Council's Performance Plan as part of the Health and Wellbeing indicator together with future projects agreed with the Portfolio Holder.

PART 2 – IMPLICATIONS OF THE DECISION

DELIVERING PRIORITIES

The Council's Corporate Plan 2016-2020 puts Community Leadership at the heart of everything we do, and within that has a focus on education and health through the following priorities:-

- Facilitate improved qualification and skills attainment
- Enable better job prospects
- Promote healthier lifestyles and wellbeing
- Support improved community health

FINANCE, OTHER RESOURCES AND RISK

Finance and other resources

Most of the projects identified rely on the input of officer time to make them work. In 2015/16 the Council provided £20,000 towards the Mental Health Hub pilot and in 2016/17 the Tendring Responsible Authorities Group has provided £3,000. Specific funding of £3,000 has been received from Active England for the Clacton parkrun. Otherwise any costs to support these projects are minimal and have been met from existing budgets.

Risk

There is a limited risk that projects may fail. However, robust project management and good partnership working help to mitigate this.

LEGAL

It is recognised that Tendring District Council does not have specific powers in relation to education or health but through its Community Leadership does engage with partners in supporting improvements in relation to both these areas.

OTHER IMPLICATIONS

Consideration has been given to the implications of the proposed decision in respect of the following and any significant issues are set out below.

Crime and Disorder / Equality and Diversity / Health Inequalities / Area or Ward affected / Consultation/Public Engagement.

There are no direct implications in respect of the above areas.

PART 3 – SUPPORTING INFORMATION

BACKGROUND AND CURRENT POSITION

The Council's Corporate Plan 2016-2020 puts Community Leadership at the heart of everything we do and within this context a number of projects are being undertaken to support the education and health agendas across the District.

Education

A priority has been to ensure that partnership working continues to be effective and that the Council continues to provide support, encouragement and commitment to working collaboratively with schools to improve attainment levels and opportunities for children and young people across the District.

The work being undertaken to support the Education agenda also follows the Essex Children and Young People's Strategic Plan 2016, which includes ensuring that children are emotionally healthy, have positive futures and have access to good quality education, training and work opportunities.

As of July 2016, 88% of schools in Tendring are now rated good or outstanding. This is 1% above the national average.

Health

Health and Wellbeing became a statutory responsibility for upper tier and unitary authorities in local government from April 2013. However, District Councils play a vital role in the Health and Wellbeing agenda and in Tendring it was agreed that a local Health and Wellbeing Board would be beneficial in bringing together stakeholders in an attempt to share knowledge and join up healthcare provision for the benefit of our residents. The Board has established the priorities for the Tendring District which are Mental Health, Long Term Conditions and Obesity. The local Health and Wellbeing Board has representation from the North East Clinical Commissioning Group (CCG) and Head Commissioner for Public Health and Wellbeing and more recently from Colchester Community Voluntary Services.

Closer working with Colchester Borough Council has resulted in a shared recruitment of Health Improvement Co-ordinators and regular attendance at our local Health and Wellbeing Board over the last year.

PROJECTS AND PRIORITIES

The following sets out details of specific projects which are being undertaken, in partnership, to support the education and health agendas within the District.

Education

- **Teacher Recruitment**

Teacher recruitment and retention continues to be very important for schools nationally and within Tendring.

Teach First is a national organisation that operates both as a training provider and recruitment agency and the authority has been working with schools and Teach First to encourage them to place teachers and work more closely with schools in the Tendring area.

The organisation held its first partnership conference in Tendring with Senior Executives and Canterbury Christ Church University representatives on 6th May 2016 and the Head of People, Performance and Projects attended the meeting to welcome participants, set the scene regarding the District, provide an overview of demographics/ school attainment data and explain the partnership working arrangements between the District and schools.

Following this conference, Teach First launched their summer school, for students commencing teacher training at Clacton County High School.

It is anticipated that Teach First will place teachers in the area next year; this will include providing support to all Clacton primary and secondary schools and the Harwich primary schools. A discussion is on-going about the Harwich secondary school; however it is anticipated that Teach First will also include Harwich secondary school if they would like to be involved.

The organisation complimented Tendring's partnership arrangements with schools, post 16 providers, Essex County Council and other stakeholders.

- **Emotional and Wellbeing Health School Hub**

Mental health affects all aspects of a child's development including cognitive abilities, social skills and emotional wellbeing. Building emotional resilience is essential and with good mental health children are able to deal with stress, difficult times and are able to learn better, do better at school and enjoy more.

The Council has a role and commitment to supporting schools to raise attainment levels across the District and supporting the mental health agenda within schools has a direct link to improved pupil performance and attainment levels.

Within Tendring, one of the Cluster Lead Head teachers at Great Bentley Primary School (there are five clusters of schools across the District) has volunteered to pilot an Emotional and Wellbeing after school hub. The hub will operate as an after school facility with trained Youth Mental Health First Aiders, who will be available to sign post young people and recognise the early signs of any mental health issues. The first aiders will not be trained clinicians, they will be teachers who have additional training to be able to recognise the signs of emotional and mental health issues and be able to signpost pupils and their parents/carers. The training will be the Youth Mental First Aid Instructor Training, provided by Mental Health First Aid England www.mhfaengland.org. This is a similar approach to the Health and Wellbeing Champions that work within the authority.

The initial trainer for the programme will be the Executive Projects Officer and possibly another teacher from the pilot school who will be the Instructors and will deliver the training initially to teachers in the pilot school. It is intended to evaluate the progress with the pilot with a view to cascading training through the clusters to enable schools across Tendring to have the skills and training to be able to facilitate their own individual school Emotional and Wellbeing Hubs.

This project will be discussed in more details at the next Health and Wellbeing Board.

- **Post 16 Provision**

A Post 16 meeting with local education providers, Councillors and Officers was held on 21st April 2016 to discuss Education provision and the support available to students

particularly if they are travelling outside of the District, for example to Colchester Institute, Colchester Campus. The colleges provided information about discretionary grants available to students and how these grants could be used to fund both transport and essential class equipment. All attendees found the meeting useful as providers appear to offer different provision varying from some very small providers within Tendring supporting 100 learners to Colchester Institute, which has 10,000 enrolments per year. The providers had a discussion about support offered to learners particularly when transferring from one provider to another e.g. a student could undertake a Level 2 programme in Tendring and move to a Level 3 programme at Colchester Institute and may require some additional support moving across to a larger campus. The providers asked whether the Council could facilitate a six monthly meeting for the providers to network and share best practice to support Post 16 provision within Tendring and the Executive Projects Officer is working with the providers to disseminate additional information e.g. information about discretionary grants to secondary schools.

- **Teacher Accommodation**

Teacher accommodation has been cited as the main priority and recruitment incentive that can be offered to attract and retain teachers by the Counties Lead Commissioner - Primary Schools. Further information is currently being collated to analyse the extent of the issue within Tendring schools.

Officers are currently considering what possibilities might exist to assist with the provision of key worker housing.

- **Building Bridges with Universities**

Memorandums of Understandings are now in place with University of Essex and Anglia Ruskin University. A representative from Anglia Ruskin attended the then Education and Skills Committee and provided a variety of options to support schools within the District and Headteachers are keen for the university to provide more support. It was agreed at the Committee that the focus should be providing additional support for Primary schools within Tendring as the secondary schools already had established links and contacts. In the autumn term, a representative from the Anglia Ruskin University will attend the Tendring Education Improvement Group meeting to discuss and agree ideas with the Primary Cluster Headteachers directly and determine actions going forward.

- **School Places**

At a recent officer meeting, the School Organisation Officer, Essex County Council explained the ECC, 10 Year Plan regarding school places and the Tendring scene. A representative from Essex County Council will be invited to attend the Community Leadership and Partnership Committee meeting on 3rd October 2016 to discuss with the Committee the longer term implications for Tendring. Very briefly and in summary the Plan shows that some areas are forecast to require additional school places e.g. Clacton (possibly a further 63 Reception places by 2025/26) and other areas e.g. Manningtree will still have a potential small surplus of places in 2025/26. The forecasters primarily use General Practitioners registrations to prepare the data and the School Organisation Officer's role is to work with schools and other partners to ensure that there are sufficient school places within Tendring and Colchester for both Primary and Secondary admissions.

- **The Next Challenges for Education**

- To continue to raise standards

- To build capacity in schools through working together e.g. joint recruitment campaigns and sharing resources, and holding each other to account
- To retain our current head teachers and governors

Health

As set out above promoting healthier lifestyles and supporting improved health are two of the Council's Corporate Priorities. The detailed Performance Plan includes an indicator for Health and Wellbeing and. At the time of approval included the following comment:-

The Public Health Improvement Coordinator will develop projects via working with health partners to improve the health and wellbeing of those in the area.

It is now proposed that the projects set out below are monitored through the Performance Plan together with any future projects agreed with the Portfolio Holder.

• Parkrun Clacton

The first parkrun for Clacton has now been set utilising funding already obtained through Active Essex.

The nominal six volunteers have been recruited as Marshall's to run the weekly Saturday morning events and the route has been mapped out and approved by the parkrun ambassador. Health and Safety checks have been carried out and training for the parkrun Marshalls is due to take place in September, with the first park run due to take place on Saturday 15 October 2016. This meets all three of the priorities of our local Health and Wellbeing Board (Mental Health, Long Term Conditions and Obesity).

• Falls Prevention

Last year participants on the Council's development programme for managers were asked to develop projects in teams. The work on falls prevention arising from one of these projects has been ongoing to ensure the scheme is set up to continue with Anglia Community Enterprise (ACE) who provide community health in the district. The scheme involves the delivery of exercise classes in sheltered accommodation (an area where the CCG report that there is a particularly high level of falls). Instead of one on one classes, the residents exercise with a trained professional in groups of 12. This means a significantly larger number of residents are receiving regular exercise classes that help reduce their vulnerability to a fall. This project has been facilitated at no extra cost to ACE.

• Housing Checklist

A need for a common checklist was identified that could be used by health professionals visiting residents in their homes to spot potential hazards (for example a loose stair carpet, an uneven step, damp patches/ mould on the wall). These hazards can then be easily reported back to our housing team who can send a team out to address areas of concern. This provides intelligence for the housing team so that they can appropriately target their resources. The Health Checklist pilot started on 18 July 2016 with Health partners such as ACE working with our Housing team to spot and solve potential health hazards for our residents.

• Breastfeeding Friendly Cafes

Breastfeeding friendly cafes is a project that has already been successfully piloted in Luton

and is now aimed to be rolled out across Tendring. The scheme is aimed at local cafes who are asked to voluntarily sign up to being breastfeeding friendly by our Environmental Health officers at the end of their food safety inspections. By signing up, cafes agree to allow breastfeeding on their premises and are given a sticker to put in their window to let mums know that the café welcomes them should they need to breastfeed during their visit.

Public Health England's ambition is that breastfeeding is seen as normal and is supported by everyone. The cost to the NHS of treating just 5 of the illnesses that are linked to babies not being breastfed is at least £48million. Breastfeeding can help to reduce health inequalities and improve life chances. There is also growing evidence that links breastfeeding with protection from obesity later in life. But many women in England stop breastfeeding early because, amongst other things, they feel in England it is socially unacceptable to breastfeed in a public place.

- **Making Every Contact Count**

A forthcoming project that will be starting in Autumn 2016, Making Every Contact Count is sponsored by ECC and involves training members of staff across the council, as well as health professionals working for ACE, to spot health related potential issues or risks that may be outside their daily work remit and report them back to the relevant team or let the resident know who to contact. The project is about a more holistic approach to service delivery which should bring about better efficiencies and help residents avoid the need for potentially unnecessary health interventions.

- **Tendring Mental Health Hub**

Tendring Mental Health Hub has been running for 14 months. The hub was set up as a pilot and has since had further funding to enable it to continue until the end of the current financial year 2016/17. The remit of the Hub is to be a place for sign posting residents with poor mental health to help them get the services or advice they need in order to adequately function in every day life. The hub also provides opportunities for people who have been through a period of poor mental health but are now feeling ready to try and find jobs. The hub provides volunteering opportunities for people to learn or regain vital skills that could help them back into employment.

As the end of the pilot approaches the CCG , together with ECC Commissioners, is leading on a commissioning review. A new grant agreement has been drawn up and agreed by key stakeholders with the intention of ensuring the project has future viability and sustainability.

- **Tendring Health and Wellbeing Board**

The Tendring Health and Wellbeing Board is one of a few local Health and Wellbeing Boards in Essex and provides a specific focus on local health and wellbeing issues. It stimulates challenge and improvement in this sector. It has welcomed a number of external attendees including Public Health Commissioners from Essex County Council and Chief Executives from Colchester Hospital.

Going forward consideration is being given as to how to continue to improve the focus of the Health and Wellbeing Board. The membership has been reviewed to include a wider range of stakeholders, with some new members including Open Road and ACE due to start attending from the next scheduled Health and Wellbeing Board meeting in October 2016.

Conclusion

This report provides an overview of the projects, which have been identified in accordance with the role of the Council, as a Community Leader. The Council is not the lead provider for education or health. However through influence, bringing stakeholders and partners together to share and improve practices there are a number of areas where the Council can offer support to both education and health providers and ultimately the pupils, learners, patients and residents across the District.

The projects identified above will continue to form the subject of regular updates to the Portfolio Holder and Health and Education will continue to be subject external overview and Scrutiny through the work of the Community Leadership and partnerships Committee.

BACKGROUND PAPERS FOR THE DECISION

None

APPENDICES

None